

# ABSOLUTE VOLLEYBALL ACADEMY



During the course of this meeting if you have any questions you want to ask, please do so via the following site which you can access with the QR Code:



# WELCOME TO AVA

AVA was established in 2006 when Katy Garza and Jerry Linch merged their former clubs.

In our 15 year history, we have developed all ages and levels of athletes. We are the largest volleyball organization on the south side of town.

The sport of volleyball is one of the fastest growing sports in the country. In our short history at AVA, we have produced **FIVE NATIONAL CHAMPIONS** and have prepared countless players to achieve their goals in making, junior high, high school and collegiate programs.

We are proud to say that every senior who has made their journey through the AVA program and who wanted to continue their volleyball journey, received scholarships and opportunities to play at the next level.

Our club programs are designed for ages 8 to 18.







Katy Garza
Co-Director



Jerry Linch
Co-Director





### Lauren Ellison

Recruiting Director Club Administrator Travel Coordinator



### Chaz Hulett

Facility Director AVAtors Director Events Director



### Kirsten Kubicek

AVA Beach Director



### Amanda Bunn

CPA / Finance Director



### Michael Williams

Director of Website and Social Media



### Terence Davis

TD3 Fitness



### Matthew Gotsch

Parent Liaison
Parent Council Director



### TRAINING

AVA IS COMPLETELY DEDICATED TO PROVIDING ALL ATHLETES IN OUR ORGANIZATION WITH CONSISTENT TRAINING USING THE MOST CURRENT TECHNIQUES THAT ARE AVAILABLE IN A VERY STRUCTURED ENVIRONMENT.

Our facility allows us to implement a training program for all ages and all levels targeting technical, physical and tactical training.

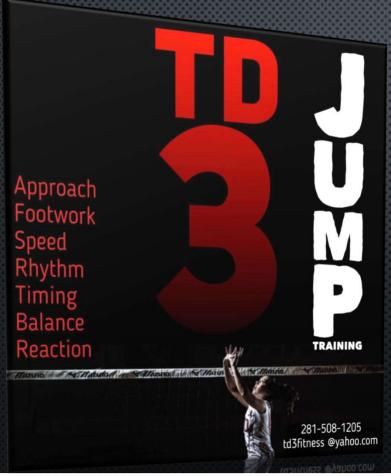
Each practice session will begin with core skill development led by our age group master coaches. These sessions will integrate all players across the gym doing the same drills. Some of these sessions throughout the year will be dedicated to position specific training, targeting technical skills based on the players current position for their team.

During the course of the week we will implement physical, speed and agility training with Coach Terence Davis of TD3 fitness.

The remainder of practice will be with the team coaches. We want every athlete in our program to have the same understanding of all the skill sets we will be teaching as they move through our program.



### PERFORMANCE AND TD3 TRAINING



### **TD3 Training**

- Speed, Agility, Conditioning and Vertical Jump Training
- Integrated programs during practice sessions.
- Additional training offered onsite at AVA at an additional cost through TD3
- > Trainer: Terence Davis

### WINNING

AVA has qualified several teams for the USAV Girls' Junior National Championships every year since the inception of the organization.

WE HAVE HAD <u>FIVE NATIONAL CHAMPIONSHIP</u>
TEAMS IN OUR SHORT HISTORY:

2009: 18 PERFORMANCE - NATIONAL DIVISION

2012: 14 Rox – NATIONAL DIVISION 2014: 16 ATTACK – USA DIVISION

2015: 17 Rox - OPEN DIVISION

2015: 17 ATTACK - AMERICAN DIVISION

In addition to the 5 National Championship Teams we have had:

- 12 Top 3 National Finishes
- 15 Open Qualified Teams
- 26 Top 10 National Finishes

# VOMEN'S JUNIOR NATIONAL INVITATIONAL TOURNAMENT WITH TOURNAMEN

AVA has also been ranked among LoneStarVolleyball.com's top clubs in the state of Texas.

Our goal each year is to qualify our travel teams for the USA National Tournament.

### RECRUITING

THE RECRUITING PROCESS IS ONE OF THE MOST IMPORTANT THINGS TO CONSIDER WHEN DECIDING ON A CLUB.

AVA IS DEDICATED TO HELPING ALL OF OUR ATHLETES ACHIEVE THEIR RECRUITING GOALS.

WE HAVE ESTABLISHED OURSELVES NATIONALLY BECAUSE OF OUR EXCELLENT RECRUITING PROCESS IN CONJUNCTION WITH THE SUCCESS OF OUR TEAMS.







AVA IS PROUD TO PARTNER WITH CONNECT VOLLEYBALL TO OFFER OUR ATHLETES A RECRUITING PLATFORM TO HELP THEM REACH THEIR GOALS OF PLAYING COLLEGE VOLLEYBALL.

CONNECT VOLLEYBALL OFFERS OUR ATHLETES A SCHOOL MATCHING ASSESSMENT TO SEE WHAT UNIVERSITIES MAY BE THE BEST FIT, EASY VIDEO EDITING, AND EMAIL ACCESS TO COACHES ACROSS THE COUNTRY.

AVA OFFERS THIS PLATFORM TO OUR NATIONAL TEAMS STARTING AT 14'S.

TAKE ADVANTAGE OF THIS PLATFORM AND GET YOURSELF OUT THERE TO START THE RECRUITING PROCESS. NOW, MORE THAN EVER, YOU MUST BE SENDING FILM TO COLLEGE COACHES AND BE ACTIVE IN YOUR GOAL TO PLAY AT THE NEXT LEVEL.

### CREATE YOUR RECRUITING PROFILE AND

- CONNECT WITH COACHES
- Access every college coach w/ built-in messaging
- SEE WHEN COACHES OPEN YOUR EMAIL + CLICK PROFILE
- UNLIMITED, PROFESSIONAL HIGHLIGHT VIDEOS IN MINUTES
- TRACK PROFILE ACTIVITY WITH ALL COACHES IN REAL-TIME
- Personalized match % college recommendations
- ORGANIZE YOUR PLAYER INFO + VIDEO IN RECRUIT FINDER
- GET INSIGHT INTO EACH COLLEGES' POPULARITY + GRADES



# TECHNOLOGY - HUDL

### **A**NALYZE

DISCOVER GAME-CHANGING INSIGHTS.

OUR ADVANCED REPORTS MAKE IT EASY TO UNCOVER TRENDS FOR A COMPETITIVE EDGE. FILTER STATS BY ROTATION, TEAM OR PLAYERS TO FIND KEY MOMENTS IN A SET, MATCH OR ACROSS THE WHOLE SEASON.

### **BREAK DOWN**

More Ways to Track Stats

### **HIGHLIGHT**

SHOWCASE YOUR PLAYERS.

GIVE ATHLETES THE TOOLS TO STAND OUT. WITH ACCESS TO TITLE SLIDES, MUSIC AND SPOT SHADOWS, THEY CAN CREATE HIGHLIGHTS TO SHARE WITH FAMILY, FRIENDS AND RECRUITERS



### TECHNOLOGY - HUDL

### FIND KEY MOMENTS FAST

USE STATS TO QUICKLY JUMP TO THE MOMENTS AND ROTATIONS YOU WANT TO STUDY, OR CREATE CUSTOM PLAYLISTS TO SHARE WITH THE WHOLE TEAM TO REVIEW ON ANY DEVICE.

### **TEACH**

### BRING LESSONS TO LIFE.

HELP YOUR TEAM SEE EXACTLY WHAT NEEDS TO IMPROVE.
ALLOW PLAYERS TO CRITIQUE THEIR OWN PERFORMANCE OR
PROVIDE PERSONALIZED FEEDBACK BY ADDING COMMENTS AND
DRAWINGS BEFORE SENDING CLIPS FOR INDEPENDENT REVIEW.

### **NEW WITH HUDL**

HEAT MAPS — VOLLEYMETRICS PARTNERSHIP UNLIMITED ASSIST INCREASED STORAGE



### TECHNOLOGY - LIVE STREAM

This year we began the process of live streaming. It has been a great resource for our club. Each player will receive a numbered practice jersey and live streaming will allow for the following at tournaments and practices:

- Access for college coaches
- Access for AVA staff and coaches



# CORE VALUES

AVA IS MORE THAN VOLLEYBALL! OUR GOAL EACH SEASON IS TO PROMOTE OUR CORE VALUES TO ALL ATHLETES, COACHES, STAFF AND PARENTS.

- EXCELLENCE
- LEADERSHIP
- DISCIPLINE
- SERVICE
- LOYALTY
- INTEGRITY
- RESPECT



### PERSONAL GROWTH

**AVA IS MORE THAN VOLLEYBALL!** 

WE OFFER ALL TEAMS THE OPPORTUNITY FOR TEAM BUILDING ACTIVITIES AND INDIVIDUAL PLAYER MEETINGS AND ASSESSMENTS.

AVA HAS A LIST OF DEDICATED COACHES AVAILABLE FOR BOTH PRIVATE AND GROUP LESSONS THROUGHOUT THE YEAR.

WE CONTINUE TO EMPHASIZE COMMUNITY SERVICE DURING THE SEASON FOR ALL TEAMS.

OUR 18'S TEAMS WILL ONCE AGAIN HAVE A WEEK LONG EXPERIENCE IN COSTA RICA FOR INTERNATIONAL PLAY AND COMMUNITY SERVICE.

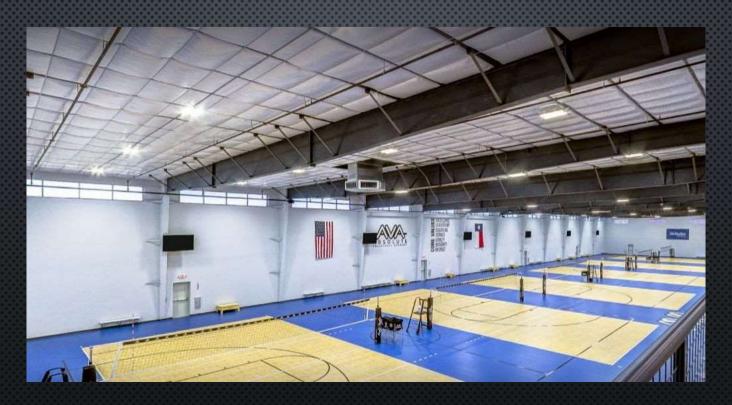


### PARENT COUNCIL

- OPPORTUNITY FOR AVA TO GET FEEDBACK AND IDEAS ON HOW WE CAN IMPROVE THE CLUB.
- WE VALUE ALL FEEDBACK AND IDEAS FROM CLUB PARENTS AND USE THIS AS AN OPPORTUNITY TO GROW AND CONTINUE TO LEARN HOW TO BETTER SERVE OUR PLAYERS AND FAMILIES.
- WE LOOK AT THE THE CULTURE OF THE CLUB, PLAYER DEVELOPMENT, GROWING THE CLUB AND IMPROVING FACILITIES AND POLICIES.
- OPEN TO ALL PARENTS WITH A PLAYER ON ANY TEAM
- MEET ROUGHLY ONCE A MONTH FROM NOVEMBER TO MAY.
- LOOK FOR AN EMAIL WITH INFORMATION ON HOW TO SIGN UP AND MORE DETAILS IN OCTOBER.



# **OUR NEW FACILITY WITH 8 TARAFLEX FLOORS**



380 GREEN WING STREET IN WEBSTER, TEXAS

# AVA SPORTS COMPLEX 380 GREEN WING STREET WEBSTER, TX 77598

- 8 INDOOR COURTS WITH TARAFLEX FLOORING
- Projected 8 outdoor sand courts
- AMPLE PARKING FOR PRACTICES
- EASY ACCESS TO INTERSTATE 45 FROM BYPASS!
- METHODIST TRAINING ROOM
- Conference Room
- VIDEO ROOM FOR STATISTICS REVIEW, DEVELOPMENT
- VIDEO AND DIGITAL MEDIA SPONSORSHIPS
- TD3 FITNESS TRAINER IN ADJACENT SPACE
- GATEWAY CHIROPRACTIC IN ADJACENT SPACE



# Tournament Schedule\*

Teams / Tournaments	Local One Day	Local Two Day	In State Regionals 2 Days	In State Qualifier Three Days	Out of State Qualifier Three Days	Presidents Day Three Days	Nationals Four Days	International Tour
18 Adidas and 18 Attack	3	1	1	2	-	1	1	1
14 Adidas – 17 Adidas	3	2	1	1	2	1	1	-
14 Attack – 17 Attack	3	2	1	1	2	1	1	-
13 Adidas and 13 Attack	4	2	1	1	1	1	1	-
13 Power – 17 Power	6	2	1	1	-	1	-	-
14 Local – 16 Local	8	1	1	-	-	-	-	-
12 Adidas and 12 Attack	5	2	1	1	-	1	-	-
13 Local	9	1	-	-	-	-	-	-
12 Local, 11 Adidas	6	-	-	-	-	-	-	-

\*Tournament Schedule Subject to Change – 18's Nationals is typically a 3-day tournament

# Fees and Schedules

	Practices	TD3		Recruiting		
Teams	per Week	Fitness	HUDL	Services	Uniform	Tuition
14 Adidas, 15 Adidas, 16 Adidas, 17 Adidas, 18 Adidas	3	V	•	•	Т	\$4975   \$600 Deposit + \$546.88 x 8 payments
18 Attack	3	<b>~</b>	V	•	Т	\$4775   \$600 Deposit + \$521.88 x 8 payments
14 Attack, 15 Attack, 16 Attack, 17 Attack	3	<b>~</b>	•	<b>~</b>	Т	\$4675   \$600 Deposit + \$509.38 x 8 payments
13 Adidas, 13 Attack	3	V	<b>~</b>		Т	\$4400   \$600 Deposit + \$475.00 x 8 payments
13 Power, 14 Power, 14 Select, 15 Power, 15 Select, 16 Power, 17 Power	2	<b>~</b>	V		Т	\$3525   \$600 Deposit + \$365.63 x 8 payments
14 Local, 15 Local, 16 Local	2	<b>~</b>			L	\$3125   \$600 Deposit + \$315.63 x 8 payments
12 Adidas, 12 Attack	2	V			L	\$3000   \$600 Deposit + \$300.00 x 8 payments
13 Local	2	V			L	\$2675   \$600 Deposit + \$259.38 x 8 payments
12 Local, 11 Adidas	2	<b>~</b>			L	\$1800   \$600 Deposit + \$150.00 x 8 payments

Level	Adidas Uniform Package
Travel (T)	3 Adidas Jerseys (1 LS and 1 SS) and 1 Sublimated Jersey   2 Practice Shirts   1 Pair of Socks   1 Pair of Kneepads   2 Spandex   Warmup Top and Bottom   Backpack   Shoes   Tournament Shirt
Local (L)	2 Adidas Jerseys (1 LS and 1 SS)   2 Practice Shirts   1 Pair of Socks   1 Pair of Kneepads   2 Spandex   Warmup Top and Bottom   Backpack   Tournament Shirt

Payments in full will receive a 3% discount

THIS WILL BE OUR 3RD YEAR AS AN ADIDAS CLUB!



### SPONSORSHIP OPPORTUNITIES AND PAYMENT DISCOUNTS

AVA WILL HONOR A 3% DISCOUNT FOR THE REMINING BALANCE AFTER DEPOSIT, FOR PAYMENTS MADE IN FULL AT THE TIME OF TRYOUTS.

SIBLINGS WILL RECEIVE A 3% DISCOUNT FOR THE SECOND CHILD FOR THE REMAINING BALANCE AFTER DEPOSIT.

This year we will promote businesses to sponsor AVA tuition. If you have a local business or know someone who is willing to sponsor, you must pay the \$600 deposit on your own to AVA and 120% of the remaining balance can be paid to absolute Juniors our non-profit entity for a business write off. In return, the business will receive a digital media ad throughout the course of the season, promoting their business. This sponsorship can be used to fund a player of their choice.

OTHER OPPORTUNITIES MAY BE AVAILABLE TO PARTIALLY REDUCE CLUB FEES WHEN ATHLETES AND FAMILIES SECURE BUSINESS SPONSORED PROMOTIONS.



# LEAGUE APPS



### **League Apps Processing**

AVA will again be using League Apps to streamline registration and tuition payments. League Apps is a powerful tool that also helps aid in program management, scheduling and communication through task automation. The use of this technology will allow our parents, players and staff an overall improved sporting experience.

AVA utilitizes League Apps for all programs, events, and registrations.

# 2021-2022 TENTATIVE PRACTICE SCHEDULE

				Monday					
5:30 - 7:30	17 Power	16 Power	15 Power	15 Select	14 Adidas	14 Attack	14 Power	14 Select	
7:30 – 9:30	18 Adidas	18 Attack	17 Adidas	17 Attack	16 Adidas	16 Attack	15 Adidas	15 Attack	
				Tuesday					
5:30 - 7:30	13 Local	13 Local	13 Local	12 Adidas	12 Attack	12 Local	12 Local	11 Adidas	
7:30 – 9:30	16 Local	15 Local	14 Local	14 Local	13 Adidas	13 Attack	13 Power	AVA Boys	
				Wednesday					
5:30 - 7:30	17 Power	16 Power	15 Power	15 Select	14 Adidas	14 Attack	14 Power	14 Select	
7:30 – 9:30	18 Adidas	18 Attack	17 Adidas	17 Attack	16 Adidas	16 Attack	15 Adidas	15 Attack	
				Thursday					
5:30 - 7:30	16 Local	16 Local	15 Local	15 Local	14 Local	14 Local	14 Local	Open	
7:30-9:30	18 Adidas	17 Adidas	16 Adidas	15 Adidas	14 Adidas	13 Adidas	AVA Boys	Open	
Scrimmage Night	18 Attack	17 Attack	16 Attack	15 Attack	14 Attack	13 Attack	AVA Boys	Open	
Friday									
5:30 - 7:30	AVA-tors								
7:30 – 9:30	13 Adidas	13 Attack	13 Power	13 Local	12 Adidas	12 Attack	12 Local	11 Adidas	

Times and Dates are subject to change according to how many teams form during tryouts.

# 2021 – 2022 ADIDAS COACHES

















# 2021 – 2022 ATTACK COACHES















# 2021 - 2022IN STATE TRAVEL COACHES





Craig Brown





16 Power Greg Staley 14 Select Kaylee Hawkins





15 Select Shana Ayers Freeman

# 2021 – 2022 LOCAL COACHES

16's: Jordan Machorro, Chris Harris

15's: Marcus Zapata, TBD

14's: Kayleen Hadley, Haley Gaddy, Brandon DeLuna

13's: Mary Margaret Armstrong, Gabby Hall, Lana Shayeb

12's: Mya Vasquez, Jaylin Aguirre

Boys: Chris Harris, Ryan Ripple

### REGISTRATION

- REGISTRATION IS OPEN ONLINE. THERE IS A \$75 TRYOUT FEE; THIS IS NONREFUNDABLE.
- PLEASE ENSURE YOU ARE REGISTERING FOR THE CORRECT AGE GROUP.

### WHAT TO EXPECT

- THE DOORS WILL OPEN FOR ARRIVALS AN HOUR BEFORE TRYOUTS BEGIN.
- We recommend allowing yourself 30 minutes before the session starts so you can have enough time to complete the check-in process.
- WE USE THE TRYOUT PROCESS TO DETERMINE WHICH PLAYERS ARE CHOSEN FOR EACH AVA TEAM. EVALUATIONS ARE CONDUCTED BY CLUB DIRECTORS AND MASTER COACHES WITH ASSISTANCE FROM TEAM COACHES.
- There are coaches that will organize and run drills to allow the evaluators to analyze a player's skill level in both isolated drills as well as game-like situations.
- EVALUATORS WILL ALSO BE LOOKING AT A PLAYER'S COACHABILITY, WORK ETHIC, COMPETITIVENESS, TEAMWORK, COMMUNICATION AND MOTIVATION. THE JOB OF THE EVALUATORS IS TO FORM THE BEST TEAMS POSSIBLE ACROSS EACH LEVEL OF TEAM.

### **PLAN TO BRING**

- \$600 Nonrefundable deposit Cash, Check or Card accepted Only processed upon the Offer and acceptance of a position on a team
- Wear Normal Volleyball attire T-shirt, shorts/spandex, kneepads, socks, Volleyball/tennis shoes
- Personal water bottle

### **MULTIPLE POSITIONS TO EVALUATE**

- When signing up for your tryout session you are given the option to select multiple positions. Please select your primary position you would like to be evaluated for first as this will be where we place you at the beginning of tryouts.
- WE WILL DO OUR BEST TO BE SURE TO MOVE THE PLAYER TO THEIR SECONDARY POSITION AFTER WE FEEL WE HAVE SEEN EVERYTHING NECESSARY TO MAKE A PROPER EVALUATION, HOWEVER, IT IS ULTIMATELY THE RESPONSIBILITY OF THE PLAYER TO NOTIFY ONE OF THE CLUB DIRECTORS OR MASTER COACHES THAT THEY HAVE A SECONDARY POSITION THEY WOULD LIKE TO BE EVALUATED FOR.

### **TEAM SELECTIONS**

- At the conclusion of the tryout the Club Directors and Master Coaches will meet to discuss each player's team placement.
- **W**E WILL LET EACH PLAYER KNOW IF THEY MADE A TEAM OR THE WAITLIST AT THE END OF THEIR SESSION.
- FOR PLAYERS THAT ARE OFFERED A POSITION ON A TEAM WE WILL EXPECT A FINAL DECISION AT THAT TIME.
- FOR PLAYERS THAT ARE ON THE WAITLIST, WE WILL NOTIFY YOU BY PHONE AND/OR EMAIL IF A POSITION BECOMES AVAILABLE.
- IF YOU HAD AN EARLY TRYOUT, YOU WILL BE NOTIFIED OF YOUR PLACEMENT VIA PHONE AND/OR EMAIL AT THE END OF YOUR AGE GROUP'S TRYOUT SESSION.
- ALL 12'S-14'S WILL BE SELECTED TO TEAMS AS TRAVEL AND LOCAL. 15 LOCAL WILL BE SELECTED AS ONE GROUP. WE WILL SEPARATE THE ATHLETES IN NOVEMBER, BASED ON CONTINUED TRYOUTS DURING THE FIRST FEW PRACTICE SESSIONS.

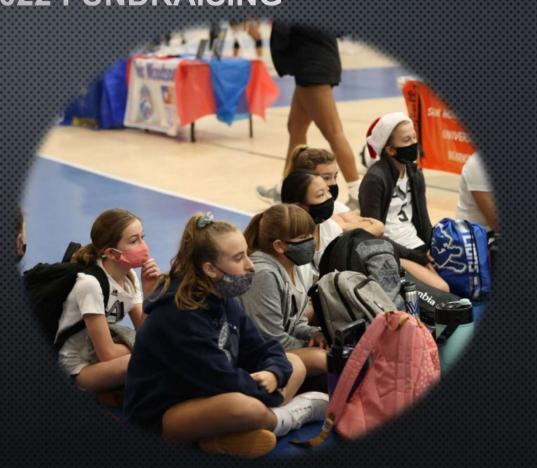
### **PARENT ROLE AT TRYOUTS**

- ONE PARENT WILL BE ALLOWED TO ATTEND TRYOUTS.
- SEATING WILL ONLY BE AVAILABLE DOWNSTAIRS DURING THE TRYOUT PERIOD.
- At the conclusion of the tryout, players will be selected to teams based on the tryout performance and a brief team introduction will be held with parents, players and their future coaches.
- At the conclusion of the meeting, you will need to make a decision on a commitment form at this time. We cannot hold and retain positions since others who want to join the club or make a higher level team will be given the opportunity to fulfill these vacancies. We really want athletes who want to train at AVA and will give those who commit top priority.

# **2021-2022 FUNDRAISING**

AVA of Texas will again host a mandatory fundraiser for the 2021-2022 season.

Once teams are selected, additional fundraising options can be chosen to offset future costs with approval by the Parent Council and directors.



# THANK YOU FOR ATTENDING

WE VALUE EVERY PERSON THAT VISITS OUR FACILITY.

YOU TRULY ARE WHAT MAKES AVA SUCH A GREAT PROGRAM.

IF THERE ARE ANY QUESTIONS WE CAN HELP YOU WITH PLEASE FEEL FREE TO ASK ANY AVA STAFF MEMBER.

ONCE AGAIN, THANK YOU FOR YOUR TIME.



